

## SIMNSA CROSS-BORDER MEDICAL HMO PLAN



### What is SIMNSA?

A plan designed specifically for employees who prefer to seek health services in Tijuana, Tecate or Mexicali

Access to one of Northern Mexico's leading HMO programs

Doctors and practitioners who speak the member's language and address their culture-centric medical needs

Provides the security of visiting health professionals near their home and getting urgent care services in the United States

Click the picture to  
watch the video  
Or get more information at  
[www.simnsa.com](http://www.simnsa.com)



## Open Enrollment Option



Switch! Enroll in a  
different medical plan

### Who Can Join SIMNSA?

Employees and their eligible dependents who live in San Diego County or Tijuana and meet the following definition of "Mexican National" may enroll:

- A person born in Mexico
- A person born in another country with a Mexican father or a Mexican mother, or both
- A foreign woman or man who marries a Mexican man or woman and lives in Mexico
- A foreigner who becomes naturalized in Mexico